

**Shylock University Theatre Centre of Venezia**  
**in collaboration with Ca' Foscari University & ESU di Venezia**

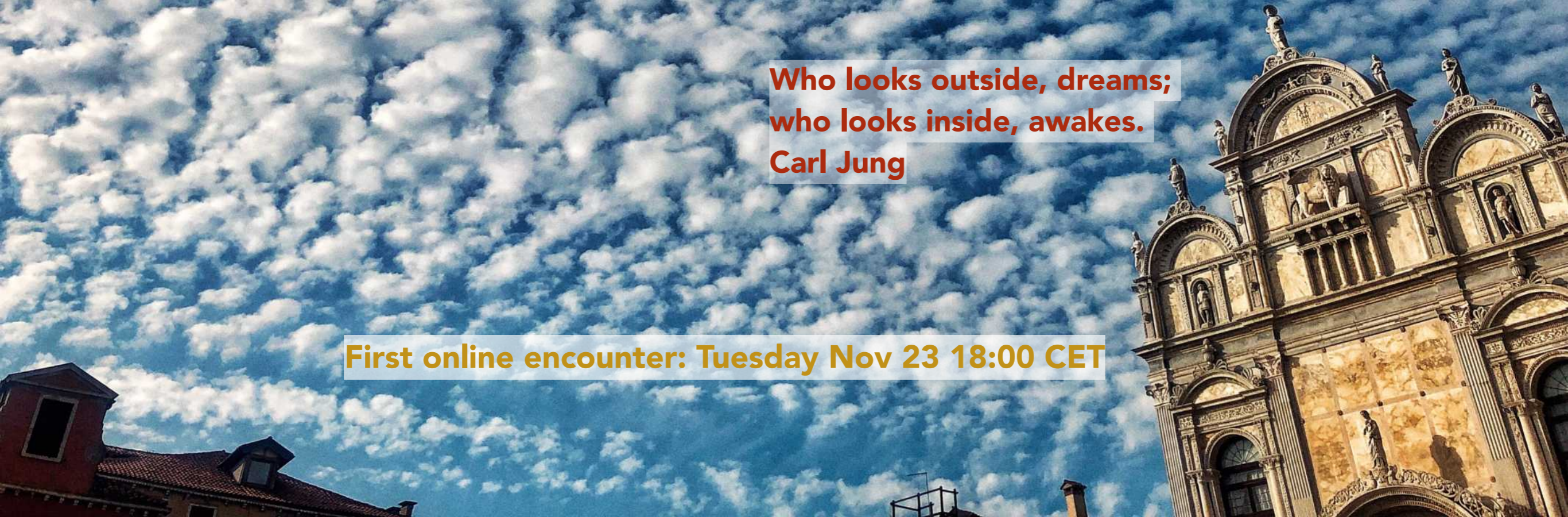
# **A Visual Journey to the Self**

**With Sheba Remy Kharbanda**

**Genius loci: Venice Is Love**

**Who looks outside, dreams;  
who looks inside, awakes.  
Carl Jung**

**First online encounter: Tuesday Nov 23 18:00 CET**



## I Am

I am an autodidact video artist, filmmaker, oral historian, storyteller and Metaphysician. Born to Sikh immigrants from the Land of Five Rivers (Punjab), I bounce between my hometown of London, Brooklyn, NY and across Northern India. My approach to life is multidirectional, inspired by the different dimensions of human experience. As an adherent of unity consciousness and its more contemporary expression, spiritual ecology, the fundamental goal of my work is to offer a bridge between the seen and unseen, between the tangible and the intangible and in so doing, reassert the presence of divinity and consciousness in every living thing.

[www.shebaremy.com](http://www.shebaremy.com)



[Five Rivers: A Portrait of Partition](#)



[Liminal](#)

## Venice is Love

A multidisciplinary art project in collaboration with movement artist Cristina Dal Zio that brings together a variety of media with the aim of providing space and opportunity to deepen the collective relationship to what the city of Venice can offer on a deeper, more archetypal level. The project employs a combination of video art, dance & movement, oral storytelling, music, performance and visual art.

*Venice is Love is not only symbolic of romantic love, but also of humanity experiencing a physical as well as a supernatural dimension to existence. It is about balance and harmonious interconnection between humankind and nature and between peoples, cultures and religions.*

The eight themes at the heart of the project:

- Venice Is...Cycles
- Venice Is...Conception
- Venice Is...Nourishing
- Venice Is...Encounter
- Venice Is...Healing
- Venice Is...Heart
- Venice Is...Transformation
- Venice Is...Equilibrium



# Genius Loci: Venice is Love

## A Visual Journey to the Self

In this online course - which is part of the greater **Genius Loci: Venice is Love** training - we will work intimately with images in our environments. The course is designed to be less about *how* to make visual art or even *what* visual art is or could be. It is instead an opportunity to come into a yet deeper relationship with ourselves and with our environment through the field of our senses.

*Tat Tvam Asi* - from Vedanta, meaning you are that / that is you. It is the idea that we are vibrational beings in dynamic relationship with the entire cosmos - animate, inanimate, seen, unseen - whether or not we realize it, whether or not we're conscious of it.

## Who is this course for?

Curious and creatively minded people who want to know themselves better, who want to be in deeper relationship with themselves and with their environments.

## What will we be doing?

As a group we will enter into each of the eight Venice is Love themes in ways contemplative and expressive with a view to creating a body of work which could be for example a short film or photo essay. A professional camera is not required. It could even be a work on paper, a map, a sculpture or even a work in word - spoken or written. The options are unlimited. I invite all those who participate to experiment, to play and above all to expand yourselves.



## Session Outline

### Session 1: Tuesday November 23, 2021 18:00 - 20:15 CET

Introductions and the creation of an intentional space in which to be in community with each other. Ways to work with the various technologies available to us.

### Session 2: Tuesday December 7, 2021 18:00 - 20:15 CET

Introduction to the first Venice is Love theme, **Cycles**, via contemplative exercises, journaling and some “breakout group” practices. I will offer homework such as sourcing images and symbols which speak to this theme and can help build a portfolio from which to create the final work. Participants are invited to share homework during subsequent sessions.

### Session 3: Tuesday December 21, 2021 18:00 - 20:15 CET

Sharing of homework. introduction to the second theme, **Conception**.

### Session 4: January 25, 2022 18:00 - 20:15 CET

Sharing of homework on Conception and introduction to the third theme, **Nourishing**.

### Session 5: Tuesday February 8 2022 18:00 - 20:15 CET

Sharing of homework on Nourishing and introduction to the fourth theme, **Encounter**.

### Session 6: Tuesday February 22, 2022, 18:00 - 20:15 CET

Sharing of homework on Encounter as well as thoughts and questions on final work. Introduction to the fifth theme, **Healing**..

### Session 7: Tuesday March 8, 2022, 18:00 - 20:15 CET

Sharing of homework on Healing and introduction to the sixth theme, **Heart**..

### Session 8: Tuesday March 22, 2022 18:00 - 20:15 CET

Sharing of homework on Heart as well as questions about final work. Introduction to the seventh theme, **Transformation**.

### Session 9: Tuesday April 5, 2022 18:00 - 20:45 CET

Sharing of homework on Transformation and/or progress of final work. Introduction to the final theme of **Equilibrium**.

### Session 10: Tuesday April 19, 2022 18:00 - 20:45 CET

Sharing of final work and reflections on practice. This session will be two hours and 45 minutes.

# CONTACT INFO:

## PLEASE NOTE

The workshop will be held in English, open to students and graduates, Italian and foreign, from level B1 to native speakers. At the end of the Workshop, an Attendance Certificate and eventual credits will be issued.

## INFORMATION, REGISTRATION, FEES

Shylock Centro Universitario Teatrale di Venezia % ESU-CUORI, San Polo  
2549 - Venezia

Register for first encounter by mail until November 22nd >  
[info@cut.it](mailto:info@cut.it) | [www.cut.it](http://www.cut.it)

For additional questions about course content > [remykhar@mac.com](mailto:remykhar@mac.com)

Registration course closes by December 3rd